Pàl Andrèevata

(Bulgaria)

From Plèven area, North Bulgaria. In the past you could see this dance at every holiday. But only at Easter, the LOD of the dance is to the left side in the circle (as described here)—this is the way to celebrate people from the village who had died.

Pronunciation:

CD:

Rhythm	17/16 meter QQQS
Formation:	Mixed open circle, leader at L end. The hands are joined in V-pos.
Meas	<u>Pattern</u>
4 meas	INTRODUCTION. No action.
	FIGURE I
1	E 'con 1 ' CVI / C 1 D / / 1 ' C 1 D / / 2 ' C 1 D / 2 ' C 1 D /

1	Facing and moving CW, step fwd on R (ct 1); step fwd on L (ct 2); step fwd on R (ct 3); hop
	or lift on R (ct 4); low leap fwd onto L (ct &).
2	Repeat meas 1, turning to face CCW on the last beat.
3	Facing and moving CCW, step fwd on R (ct 1); step fwd on L (ct 2); step fwd on R (ct 3);

- Facing and moving CCW, step fwd on R (ct 1); step fwd on L (ct 2); step fwd on R (ct 3); leap fwd onto L (ct 4); step fwd on R (ct &).

 Facing CCW and moving bkwd, step bkwd on L (ct 1); step bkwd on R (ct 2); step bkwd on
 - L (ct 3); leap onto R in place while turning to face CW (ct 4); step on L in place (ct &).

FIGURE II

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- Facing ctr, hop or lift on L while kicking R heel fwd (ct 1); hop or lift on L while kicking R heel bkwd (ct 2); step twd ctr on R (ct 3); leap onto L next to R (ct 4); step on R in place (ct &).

 Step bkwd on L (ct 1); step bkwd on R (ct 2); step bkwd on L (ct 3); leap onto R in place
- 2 Step bkwd on L (ct 1); step bkwd on R (ct 2); step bkwd on L (ct 3); leap onto R in place (ct 4); step on L next to R (ct &).
- Step on R across in front of L (ct 1); step on L in place (ct &); step on R next to L (ct 2); step on L in place (ct &); step on R across in front of L (ct 3); step on L in place (ct &); step on R next to L (ct 4); step on L in place (ct &).
- 4-6 Repeat meas 1-3.7-8 Repeat meas 1-2.
- Facing CW, step on R across in front of L (ct 1); step on L to L (ct &); repeat cts 1, & three more times, bending body slightly to the L (cts 2-4).
- Facing CW, step bkwd on R while turning L heel inward (twizzle) (ct 1); step bkwd on L while turning R heel inward (twizzle) (ct 2); step bkwd on L while turning L heel inward (twizzle) (ct 3); leap onto L in place while turing to face CCW (ct 4); step onto R next to L (ct &).
- 11-12 Repeat meas 9-10 with opp flwk and direction.

Sequence: Fig I four times and Fig II twice. repeat to the end of the melody.

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